



WE'RE RUBBISH AT TALKING AND IT'S KILLING US.



Too many servicemen, women and veterans have no one to talk to when life gets tough. We're changing that.

All Call Signs is a peer-to-peer chat service, manned exclusively by volunteers who have experienced life in uniform. If you need to talk, head to **allcallsigns.org** and we'll connect you to someone who has been there, done that and got the tour shirt. It is not weak to feel down once in a while and talking about it can make all the difference, so start now.

TALKING HELPS.

 /ALLCALLSIGNS

 @ALLCALLSIGNS

[ALLCALLSIGNS.ORG](https://allcallsigns.org)